

HEALTH IMPROVEMENT PARTNERSHIP BOARD

OUTCOMES of the meeting held on 07 September 2023 at 14:00

Present: Cllr Helen Pighills, Vale of White Horse District Council
Board members Cllr Maggie Filipova-Rivers, South Oxfordshire District Council
Cllr Louise Upton, Oxford City Council
Cllr Andrew McHugh, Cherwell District Council (sub for Cllr Chapman)
David Munday, Consultant in Public Health, Oxfordshire County Council (Lead Officer)
Dr Sam Hart, Oxfordshire BOB ICB GP
Dan Leveson, Place Director for Oxfordshire, BOB ICB
Cllr Michael O'Connor, Oxfordshire County Council
Robert Majilton, Health Watch Oxfordshire
Ansaf Azhar, Corporate Director of Public Health & Community Safety

In attendance Steven Bow, Public Health, Consultant in Public Health in Data, intelligence and research, Oxfordshire County Council

Donna Husband, Head of Public Health Programmes – Start Well
Debbie Walton, Head of Service Adult and Older Adult Mental Health
Jayne Bolton, Community Wellbeing Manager and supported by Jo Paterson, Active Communities Team Leader
,
Sam Keen, Oxford City Council

Officer: Taybe Clarke-Earnscliffe, minute taker, Oxfordshire County Council

Absent: Cllr Joy Aitman, Cllr Chapman, Mish Tullar,

ITEM
<p>1. Welcome</p> <p>Welcome everyone</p> <p>Welcome Dr Sam Hart, Oxfordshire BOB ICB GP, thank you to Dr David Chapman for all his valuable input to the Health improvement Board membership over the years.</p>
<p>2. Apologies for Absence and Temporary Appointments</p> <p>Cllr Joy Aitman, Cllr Chapman (with Cllr McHugh as substitute), Mish Tullar</p>
<p>3. Declarations of Interest</p> <p>There were no declarations of interest.</p>
<p>4. Petitions and Public Address</p> <p>There were no petitions and public address.</p>
<p>5. Notice of any other business</p> <p>Discuss future dates for the Health Improvement Board</p>
<p>6. Minutes of Last Meeting</p> <p>Agreed as an accurate record of the meeting held on 15th June 2023</p>
<p>7. Performance Report</p> <p>Presented by Steven Bow, Consultant in Public Health in Data, intelligence and research, Oxfordshire County Council</p> <p>Steven presented the Performance report with the board –</p> <p>Key Areas from the paper -</p> <p>Indicators -</p> <p>The indicators are grouped into the overarching priorities of:</p> <ul style="list-style-type: none">• A good start in life• Living well

- Ageing well

Of the 15 indicators reported in the paper

Five indicators are green

Five indicators are amber

Five indicators are red

Key areas -

• 2.18 Increase the level of flu immunisation for at risk groups under 65 years (cumulative for flu season only) • 2.21i Increase the level of Cervical Screening (Percentage of the eligible population women aged 25-49) screened in the last 3.5 years) (quarterly) • 2.21ii Increase the level of Cervical Screening (Percentage of the eligible population women aged 50-64) screened in the last 5.5 years (quarterly) • 3.16 Maintain the level of flu immunisations for the over 65s (cumulative for flu season only) • 3.18 Breast screening – uptake (The proportion of eligible women invited who attend for screening)

The thematic data on mental wellbeing in Oxfordshire was also presented as this relates to the focus on mental wellbeing at this meeting.

Questions/Discussion –

Discussion around the percentage of children with free school meals who are not school ready and where the school readiness and lifelong strategic plan sits? Data comes from the good level development but not seeing any increases in performance to make it better and this is due to the impact of covid. There is a strategic group who is looking in to this and this is lead by the early years within the council. Discussion around gaps in equalities and ensuring this is a focus point.

8. Report from Healthwatch Ambassador

Presented by Robert Majilton, Healthwatch Oxfordshire Ambassador

Robert shared the Healthwatch paper with the board

Highlights of the report –

Healthwatch Oxfordshire Annual Impact Report (2022-23) presented in public on 4th July. Available here: <https://healthwatchoxfordshire.co.uk/our-work/annual-reports/>

Healthwatch are holding our open forum with our Board of Trustees on Tuesday 26th September from 4.30-5.30pm at Rose Hill Community Centre. Don O'Neal was appointed as new Chair taking over in June.

<https://healthwatchoxfordshire.co.uk/news/come-to-our-open-forum-on-tuesday-26th-september-and-have-your-say-on-local-health-service>

Discussion around challenges of cost of leisure centres, it looks like concessionary leisure centres membership has increased and some have gone down. Wondered what others were finding and if this was something people would give up due to the cost living increase and if anyone had any suggestions to what we could do about this?

City has been trying to give free swimming to people under 17 years, but leisure centres have been having issues trying to get people to book them.

In the local profiles that have been done over the last couple of years and looking at the Blackburn leys community profile, there was a lot of emphasis on how people could not access the leisure centres. Discussion around centres being available for people in the community and outside of the community have access to leisure centres and there is more work to be done on this.

David Munday commented on the health and wellbeing strategy workshop and how discussion was had around insight generated by HealthWatch via the early public engagement work within the strategy. Thank you to the HealthWatch team for all the work they are doing on this.

9. **Mental Wellbeing Hubs** (Pages 19 - 24)

Presented by Oxford Health, Presenter Debbie Walton, Head of Service Adult and Older Adult Mental Health

Debbie presented the presentation and shared a video which can be viewed using the link – <https://www.youtube.com/watch?v=030USrlmN7M&t=6s>

Questions/Discussion –

Patient referral app and self-referral app is this the same app or is it an app that runs alongside each other? Who would you be promoting these apps to? These are two different apps and the patient app from what we know when people are really struggling, they tend to google ways to potentially harm themselves and online there are places where they tell you how to commit suicide. We are trying to create an app so we can offer it to anyone who walks through the door with safe information, local events, websites, and support for carers. Self-referral app is different and will be available for download, Oxfordshire talking therapies which use to be IAP which have also signed up for this app and we will be the first SMI service that this will be developed for. It is an interactive app that collates data making sure you are going to the right place for assessments and recognises when people say they are feeling suicidal or anxious and will be put through to the right place for help and support.

Discussion around hubs and where they are best located due to locations, public transport and cost of venues. Looking at different options and possibly mobile hub in more rural areas which can travel round to surrounding areas. At presents hubs are open or planned in Oxford (cowley rd) Abingdon and Banbury

Cllr McHugh – Very pleased to hear that Oxford Health is working with veterans is that aligned with Op Courage? Second question is anything being done to support smoking cessation with mental health service users?

Yes, we work with about 5 charities who support veterans, and yes with smoking we are doing a huge amount of work with inpatient wards and community teams, focus on physical, health and wellbeing and working a long side smoking services.

Cllr Upton – discussed physical health needs and can be challenging for people suffering with mental health conditions to participate in physical activity. Will there be in any physical health check ups in these Hubs?

Debbie - There are major concerns about people dying 20 years earlier with severe mental health conditions than the average population because of co-existing poor physical health. Oxford Health have done a significant amount of work in secondary care and working with the PCNS utilising their disease registers to see who is and is not engaging with primary care.. They also actively engage with the people who have not attended annual physical health checks.

Cllr O'Connor – this is really wonderful to bring these services to the high street, this did take cllrs and public health a little bit by surprise. Recently been asked by a county councillor when the Abingdon hub would open, and we found it difficult to find the answer. I think this is great that this is happening but think we need to be careful and to make sure the information is shared and communicated.

Communication and collaboration points were discussed on how we link with other services and hubs and potentially working together. Ensuring Cllrs are included in future invites to when and where hubs are opening to ensure the right conversations with the right people are being had. Discussion around looking at ways to signpost free events on the apps. If anyone would like to discuss signposting and advertising events and services, you can email Debbie Walton on - Debbie.Walton@oxfordhealth.nhs.uk and [agreed that Debbie can use HIB members as a conduit of information on Hub development to disseminate to relevant Cllrs.](#)

David Munday suggested there may be opportunity to consider co-location/ join-up of services- such as drug and alcohol, smoking cessation etc- within the Hubs. Debbie assured that conversations were already in place with Turning Point (Drug and Alcohol treatment provider) on this

10. Break

11. Framework for supporting mental wellbeing and Suicide - Prevention update (Pages 25 - 30)

Presented by OCC, presenter Donna Husband, Head of Public Health Programmes – Start Well

Donna discussed key points, data on suicide prevalence, the local service that support families affected by suicide, training for staff members on how to support people with mental wellbeing and families, colleagues, friends who have been affected by suicide. The strategy [OxfordshireSSHPreventionStrategy](#) which can be viewed in the paper on pages 25 – 30.

Cllr Pighills – In Vale district council we have joined the zero alliance network, it is hosted by the Mersey cares and is part on a national network to prevent suicide. They offer free training and education to support suicide awareness and prevention. [Zero](#)

[Suicide Alliance \(ZSA\)](#) and this may be something other organisations represented on HIB may wish to also pursue.

Discussion around holistic approach to suicide and prevention and noticing that a percentage of people who complete suicide are not known to mental health services. Services to take responsibility on breaking down silos and recognising mental health in younger people and adults. To be mindful how suicide is reported and communicated as it can have a knock-on effect to the people around them, often referred to the ripple effect, people who are exposed to suicide are at a greater risk to mental health and suicide themselves.

It was noted that a new national suicide prevention strategy is expected to be published imminently. Once released the Oxfordshire Multi-Agency Group will review local plans accordingly.

POST MEETING NOTE- the national strategy was published on 11th September 2023 and can be viewed at <https://www.gov.uk/government/publications/suicide-prevention-strategy-for-england-2023-to-2028>

12. South and Vale Active communities' strategy (Pages 31 - 60)

Presented by South and Vale, Presenter Jayne Bolton, Community Wellbeing Manager and supported by Jo Paterson, Active Communities Team Leader.

Jayne and Jo presented the paper with the board –

Key points –

The importance of physical activity and how it has the potential to enhance wellbeing, self esteem and can reduce stress and anxiety. It can prevent the development of mental health problems and help improve quality of life of people experiencing mental health problems.

The Strategy was discussed, and the six themes can be viewed on page 34 of the paper.

Jo ran through some of the activity programmes that have been running through the summer holidays. These activities included cricket, football, table tennis, dance, yoga, skateboard, nature walks, nature fundays, Nordic walking and evening walks throughout the districts.

Feedback and discussion from the board –

Positive feedback was given and Cllr O'Connor suggested - with us reviewing the Health and wellbeing strategy it is really valuable to use this forum to share information and hear all the wonderful things that we are doing and how we can pull together and replicate what we are doing and work together.

Daniel Leveson – Public Health and ICB has committed to funding for You Move and move together for the next two years. The opportunity to increase our impact, deepen impact and spread our impact by coordinating better is key. As a system we all need to

commit supporting and investing to activity that contributes to emotional and physical wellbeing.

Ansaf Azhar – The Health Improvement Board committed to focus on key priority areas -smoking, mental health and physical activity. Today's focus on mental wellbeing has been positive and shared best practice and we have shared some fantastic examples today.

Jo can be contacted on - jo.paterson@southandvale.gov.uk if you would like to discuss anything from the presentation.

13. Any other Business

Future HIB meeting dates:
16th of November 2023

David Munday and Taybe Clarke-Earnscliffe to organise dates for next year.